



The Monthly Staffer

October 2005
Dane County

Citrus Season Is Coming

The flyers and order forms for our annual fall holiday citrus sale will be in parents hands by Friday, Oct. 21st. The sale will last three weeks with orders to be turned in by Friday, Nov. 11th. Pick up will be on Saturday, Dec. 3rd. New this year, payments for orders are due at pick-up. This will eliminate handling funds through the sites, and streamline order taking. Profits from the fundraiser provide scholarships for AFTER SCHOOL programs. Staff willing to volunteer to assist on Dec. 3rd should contact their supervisor for more details.

Celebration of Art - Circus Arts

As an annual focus on a visual medium, art has become a tradition for our programs. This year's focus is circus arts. You will be receiving opportunities for training in this area and be supplied with resource materials. We would like to incorporate this into our programming from the very start of the school year and in as many areas as possible for all ages. The Celebrating Youth! event on January 22nd will have a circus format. This is an exciting, free community-wide event to celebrate the youth of the community and all groups that support children. Circus Arts will also be featured at the AFTER SCHOOL Spring 4-H fair.

So what exactly are the circus arts? Circus arts are anything that is related to the circus. You could do any or all of the following: clown faces, poster making, clay models, or drama. Use your imagination and listen to the children.

Beyond Celebration of Art projects, bring the circus into your site with activities such as juggling, clowning, and creative drama. Celebrate the circus and use your site activities as a performance piece at Celebrating Youth! in January and as part of the Music and Drama event at the Spring 4-H Fair.

Schedule of Pay Dates

Pay days are the 2nd and 4th Wednesday of each month:
Wednesday, October 19th
Wednesday, November 9th

Focus on BOOST Bubbles

BOOST, building on out of school time, is the programming component that supports the younger children in our programs. It is meant to spark their interest and provide an experience that is different from everyday childcare options.

One of the available BOOST units is on bubbles. Bubbles, being a phenomenon of nature, have always been around, but the sport of playing with bubbles didn't really exist before soap. The Pear Soap Company in England was responsible for the 19th century popularization of both soap and bubble blowing. This information and much more is available in the background information for the adult leader of a BOOST unit. Picture books, activity ideas and materials are also available to help with your planning and implementation of the unit.

Here is the recipe for "Bubble Juice" from the *Klutz Big Bubbles* book. The book is available with the Bubbles BOOST unit.

- 1 cup liquid detergent
- 12 cups water
- ¼ cup glycerin

Ultra Dawn (blue) gets the highest recommendation, Ivory is rated 2nd and yellow Joy is rated 3rd. The authors recommend letting your bubble solution sit overnight before using and that it gets better with time so you need not throw left-overs away.



Special Events for 2005-2006

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| December 3 | Fruit Sale Pickup |
| December 13 | Dane Holiday Reception |
| January 22 | Celebrating Youth |
| February 25 | Social Emotional Conference |
| April | 4-H Fair |
| May | Staff Appreciation Dinner |

AFTER SCHOOL
1201 McKenna Blvd.
Madison, WI 53719

Club Connection

At the start of the school year we always invite the club children to complete an Interest Inventory so that the 4-H planning for the year can be determined. Copies of the 4-H inventory are available from the Site Supervisor. Please help the children complete these forms and then the results will be compiled for you and you can determine which projects are priorities for your group.

Cooking and baking are often among the most popular responses on the interest inventories.

Easy Bread Baking

From *The Complete Idiot's Guide to Crafts with Kids* by Georgene Lockwood

Materials: two bread pans, measuring cups, measuring spoons, big bowl, floured board and oven.

Ingredients: one package dry yeast, ¼ cup warm water, 1 ½ cups hot water, 1/3 cup brown sugar, 2 teaspoons salt, 3 tablespoons shortening, 2 cups stirred whole wheat flour, and 3 to 3 ¼ cups bread flour or other high-gluten flour.

Directions:

1. Put ¼ cup of warm water in a warm mixing bowl and add yeast. Stir to dissolve and let stand three to five minutes.
2. Combine hot water, brown sugar, salt and shortening; cool to lukewarm.
3. Stir in whole wheat flour and one cup of the white flour; beat well. Stir in yeast mixture.
4. Add enough of the remaining flour to make a moderately stiff dough. Mix with your hands until you can knead the dough without having it stick to your fingers. To knead, fold the dough over toward you, then press away from you with the heel of your hand. Turn the dough and repeat until the dough is springy, smooth and satiny.
5. Clean your hands and move dough to a floured board. Knead it, dusting with small amounts of flour as needed, until it is firm, smooth and springs back when poked with the finger, about 15 minutes. Shape into a ball and put into a lightly oiled mixing bowl. Turn once to grease surface. Cover with a clean towel and let rise in a warm place until double in size (about one and a half to two hours).
6. Punch dough down gently. Divide into two equal parts and shape each into a smooth ball. Cover and let rest for 10 minutes.
7. Shape into loaves and put into bread pans, then let rise again until the top of the loaf is rounded above the pan, about double in size. (This takes about an hour.)
8. Bake at 375 degrees for approximately 45 minutes. If the bread browns too quickly, cover the pan loosely with foil for the last 20 minutes of baking. Remove the bread from the pan to a wire rack. Let cool at least 20 minutes before slicing.

Risk Management Tips by Bonnie Carlson

Hello everyone! Welcome back to the monthly risk management tip corner. Each month we focus on the emergency and safety plans that you will be discussing and practicing in your site staff meetings. The focus for October is Tracking, Missing/Runaway/Abduction and Found Child procedures. Please review these sections of your manual carefully so that you will know what to do when confronted with one of these situations.

We are responsible for knowing the whereabouts of all children at each site at all times. This will easily be the case if the tracking systems are used properly. If you don't understand the system, please ask for help.

A threatened runaway is the most common problem encountered of the situations listed above. While we cannot physically restrain a child from running away, we are still responsible for their safety. The negotiation skills that you use to prevent a runaway are the key to keeping a child safe and on site. If, however, a child does run, please follow the procedures listed in this plan.

A child may be discovered missing on a field trip, outside on the playground, or in any number of circumstances. Your action at the moment of discovery may protect the child from harm. Do you know what to do? A child from another group may attach themselves to your group under these same circumstances. Do you know who to report this to?

Finally, a child may be abducted by a non-custodial family member, a family friend with no authority, or by a stranger. The answer on what to do in this circumstance is found both in this plan, and in the Civil Disturbance Plan.

Be safe. I'll see you soon at your site!

Cooking Corner

Since October is Apple month here is a simple recipe.

Baked Apples

From Betty Crocker's *New Good and Easy Cookbook*
Materials: Peeler, measuring spoons, baking dish, and oven or roaster

Ingredients: Apples, 1 to 2 tablespoons brown or granulated sugar, ¼ teaspoon margarine and a dash of cinnamon

Directions: Wash and core apples. Remove a 1" strip of peel from around the middle of the apple. Fill the center of the apple with the sugar, margarine and cinnamon. Place the apples in the baking dish. Pour in just enough water to cover the bottom of the pan. Bake in a 350 degree oven, uncovered, until tender, about 45 minutes. Cool.

If you do not have access to an oven, this recipe can be made in a sauce pan or fry pan. Put ½" of water in the bottom of the pan. Cover and cook about 8 minutes until almost tender. Remove cover and cook until tender, turning apples once in syrup to glaze.

Gamesmanship

While the weather is still relatively mild, it is a good time for sidewalk and blacktop games such as jump rope, marbles, jacks, four square and hopscotch. Here is a variation of hopscotch to play. You will need a flat marker such as a heel, a flat stone or bottle cap and chalk.

Window Hopscotch

From *Great Big Book of Children's Games* by Debra Wise.

Draw a rectangle that is 3 feet by 7 feet and divided into 21 one foot squares. The squares are numbered from 1 to 21 beginning with the lower left square on the long side, moving up and down across the grid, and ending at the upper right square.

The first player throws the marker onto any square and hops on one foot through the numbers sequentially until he reaches his marker and hops back to the beginning of the course. If the trip is successful, he initials the square into which he threw the marker. On later turns, the owner of the square may use this square as a rest stop, where he can put both feet down, but everyone else must jump over it. The player with the most initialed squares at the end of the game is the winner.

Calendar Notes

October is all of these things:

Adopt a Shelter Animal Month, Apple Month, Child Health Month, Computer Learning Month, Consumer Information Month, Crime Prevention Month, Diversity Awareness Month, Energy Awareness Month, Family History Month, Month of the Dinosaur, National Caramel Month, National Clock Month, National Pasta Month, National Pizza Month, National Popcorn Popping Month, National Roller-Skating Month, National Stamp Collecting Month, Polish-American Heritage Month, and Vegetarian Awareness Month.

The weeks of October are also celebrated. The 1st to the 7th of October is Universal Children's Week. The 1st full week is Fire Prevention Week; National Metric Week; and Get Organized Week. The 2nd week is National School Lunch Week; Pet Peeve Week; and International Letter Writing Week. The 3rd week is Safe Schools Week and the 4th week is both National Clean Air Week and National Peace and Friendship Week.



Calendar Programming Ideas

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| Oct. 1 | In 1890, the US Weather Bureau was created. |
| Oct. 2 | The "Peanuts" cartoon was first published in 1950. |
| Oct. 3 | Germany was reunified in 1990. |
| Oct. 4 | Edward Stratemeyer, creator of "The Hardy Boys" and "Nancy Drew" was born in 1862. |
| Oct. 5 | Donald Sobol, author of the "Encyclopedia Brown" series, was born in 1924. |
| Oct. 6 | In 1857, the first US chess tournament was held. |
| Oct. 7 | In 1850 the School for the Blind was opened in Janesville. |
| Oct 8 | The only perfect game was pitched in a World Series game in 1956. Yankee Don Larsen defeated the Brooklyn Dodgers. |
| Oct. 9 | The Washington Monument was opened in 1888. |
| Oct. 10 | Giuseppe Verdi, Italian composer, was born in 1813. |
| Oct. 11 | Eleanor Roosevelt, first lady of the US from 1932 to 1944 was born in 1884. |
| Oct. 12 | Traditional Columbus Day. On this day Christopher Columbus landed on the island that is now San Salvador. |
| Oct. 13 | In 1926 Jesse LeRoy Brown, the first black American naval aviator, was born. |
| Oct. 14 | The sound barrier was broken for the first time by Chuck Yeager in 1947. |
| Oct. 15 | The first electric light company was opened in 1878. |
| Oct. 16 | In 1873 "Happy Birthday" was published. |
| Oct. 17 | The San Francisco Bay area was rocked by an 7.1 earthquake in 1989. |
| Oct. 18 | Alaska Day, is celebrated. It is the anniversary of the date Alaska was transferred from Russia to the US. |
| Oct. 19 | The Revolutionary War ended in 1781. |
| Oct. 20 | P.T. Barnum opened the "Greatest Show on Earth" in New York in 1873. |
| Oct. 21 | In 1879 Edison produced the first light bulb. |
| Oct. 22 | The birthday of Curly Howard of the Three Stooges in 1903. |
| Oct. 23 | Turn Off the Violence Day. |
| Oct. 24 | In 1946 the United Nations was founded-United Nations Day. |
| Oct. 25 | The first woman became a FBI agent in 1972. |
| Oct. 26 | Make a Difference Day. |
| Oct. 27 | Dylan Thomas, poet, was born in 1914. |
| Oct. 28 | The Statue of Liberty was dedicated in 1886. |
| Oct. 29 | Mahalia Jackson, famous gospel singer, was born in 1911. |
| Oct. 30 | John Adams, the 2nd US President, was born in 1735. |
| Oct. 31 | In 1950 the first black player entered the NBA. |